

# AMAL TALES

February 2021

## HELLO AMAL MEMBERS!

Hello Malamute Lovers!! I hope you are all staying healthy AND SANE with all that has been happening in the world. The adaptability and perseverance that I've witnessed in all aspects of life has been a marvel all its own. While nothing with our current situation is ideal, the world keeps turning, dogs keep needing rescue, and our affiliates and supporters keep stepping up as needed! Many activities and fundraisers of the pre-pandemic days have not been able to happen so please support your area affiliate any way that you are able.

At Moonsong, we've got the "Mally Rally" in full swing. While it began as an event for adopters of our dogs to get together for a walk or hike, it's morphed into an activity where northern breed lovers come together to keep their dogs (and humans!) socialized, to ask questions about behavior issues or training techniques, or even for people who are curious about the breed to come and meet the dogs and ask questions of people with real life experience. Because the Rallies are outside events, social distancing is easy. From the viewpoint of a rescue wanting to approve an adopter, it's been an invaluable activity that we encourage potential adopters to attend. We can see firsthand how the applicant interacts with dogs and handles their sometimes boisterous (OK, usually ALWAYS boisterous) energy. Home visits are valuable as well, but to see how applicants manage a dog in a large group of dogs and people that they don't know can REALLY be an eye opener. It's also helped us to gauge a dog's triggers that we wouldn't have otherwise seen. At the Utah rallies, we've made sure to have a few experienced people there with NO dog so that we can run interference to prevent potential problems between dogs as needed.

While the rallies haven't really been fundraisers per se, the community interaction has been paramount, and community outreach and breed education in rescue is just as important as the help we give these magnificent dogs.

Speaking of magnificent, get a load of our cover boy RIO!!! Rio is a Moonsong Alum who revels in his part in community outreach!! The people of Idaho would say he's hands-down the biggest celebrity in the state. And his hu-dad Curtis is a tireless volunteer for malamute rescue.

If you have success stories or articles you'd like to contribute to the newsletter please send them to Jeannette. Finding content and putting the newsletter together is a big job, I'm sure she would appreciate anything you have to contribute!

*Andrea Allen  
President*



**Alaskan Malamute Assistance League**

..... *We Pull For Them*



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Golden, CO 80403

Visit AMAL on the Internet at  
[www.malamuterescue.org](http://www.malamuterescue.org)

The Alaskan Malamute Assistance League is a 501(c)(3) non-profit and charitable organization recognized by the national breed club, the Alaskan Malamute Club of America. We are an all-volunteer national rescue network which includes state and local breed rescue groups, as well as individual members.

**DONATE**

AMAL is a 501(c)(3) non-profit organization. All donations are fully tax deductible to the extent allowed by law and go directly to helping Alaskan Malamutes. For more information, visit

<https://www.malamuterescue.org/index.php/about-us/donations-and-fundraising/>



**AMAL Membership Application/Renewal**

July 2020 - June 2021

To renew online, go to

<https://www.malamuterescue.org/index.php/membership/>

Name/s: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

(HINT: Use a return address label)

Country: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

**MEMBERSHIP LEVEL**

\_\_\_\_ \$25: Individual/Family who want to receive AMAL Tales, the quarterly AMAL newsletter.

\_\_\_\_ \$100: Benefactor

Please note that the Alaskan Malamute Pedigree & Registry Program is currently being moved to an online program. The Compact Disk is no longer available.

**MAKE A DONATION**

Please find \$\_\_\_\_\_ enclosed. Is this in memory of or in honor of someone? Tell us here:

Yes, I'd like to be contacted about helping Alaskan malamutes in need of assistance: \_\_\_\_\_

Membership / Donation Payment

Total Amount Enclosed (membership + donations):

\$ \_\_\_\_\_

\* Include AMAL Memberships and other donations all in one check --- simply designate the amounts on this form.

Please make your Check or Money Order (International Money Orders must state "US Dollars") payable to the Alaskan Malamute Assistance League (No abbreviations please!).

Mail to:

AMAL Membership  
C/o Treasurer  
P.O. Box 7161  
Golden, CO 80403

**PLEASE PAY YOUR ANNUAL DUES!**

(Mail the form, or pay online)



**Alaskan Malamute Assistance League**

*We Pull For Them*

# Gettysburg, PA



## AMCA REGIONAL & NATIONAL SPECIALTIES 2021

The 2021 AMCA Regional and National Specialties are to be held in Gettysburg, PA October 11-16, 2021! Join us for a week of activities while soaking up the beautiful fall foliage at this beautiful time of year! –Save the dates...

*At the beautiful Eisenhower Hotel & Conference Center.*

Show Link: <https://www.amcanational.com/>



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Submit articles, stories and/or letters to the editor to:

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## Who Needs Bon-Bons: Low Calorie Birthday Fundraisers

Did you know that there is a fun and easy way to help rescue Alaskan Malamutes on your birthday? To create a birthday fundraiser, follow the steps on our AMAL Facebook Fundraisers page:

[https://www.facebook.com/fundraisers?birthday&source=help\\_center\\_how\\_to\\_create\\_birthday\\_fundraiser](https://www.facebook.com/fundraisers?birthday&source=help_center_how_to_create_birthday_fundraiser)

Keep in mind that you'll be asked to provide the following information when creating a birthday fundraiser:

- The nonprofit that will receive the donations. In this case, type in Alaskan Malamute Assistance League.
- The amount of money you want to raise.
- The date you want your fundraiser to end.
- A title and description for your fundraiser.

Note: This feature is only available in some areas. Only nonprofits that have been approved by Facebook can receive donations.

## AMAL'S ONLINE PEDIGREE PROGRAM!!!

Join AMAL as a Benefactor Level Member and gain access to over 139,000 dogs via the online database:

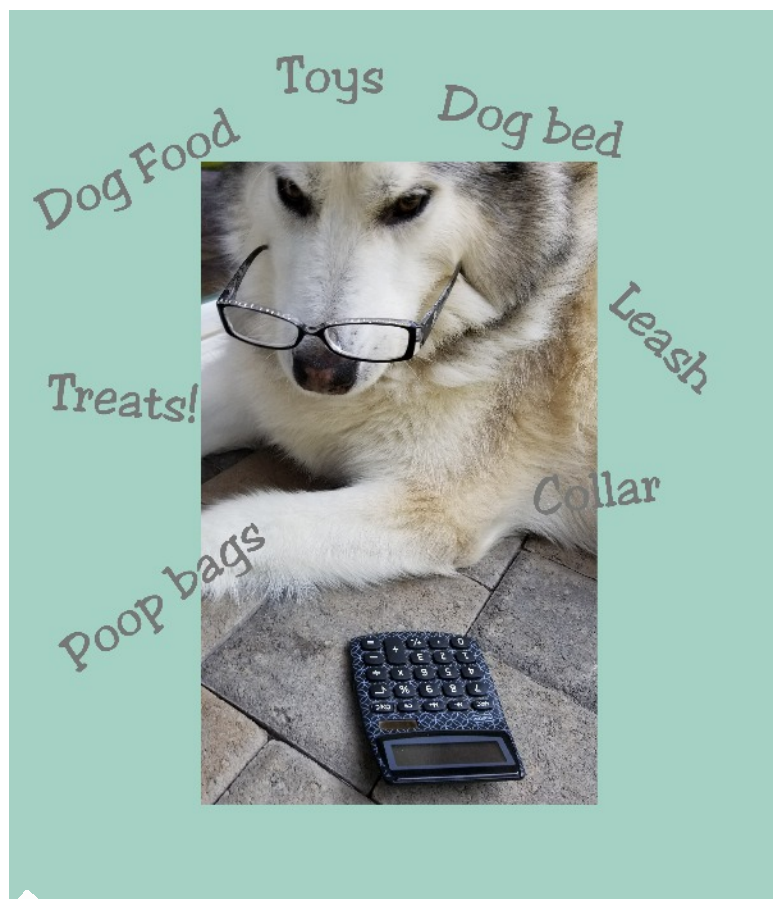
<https://www.malamuterescue.org/index.php/introduction/>

**Signup now to support AMAL through your everyday online shopping at AmazonSmile!**

About AmazonSmile:  
[https://smile.amazon.com/gp/chpf/about/ref=smi\\_aas\\_redirect?ie=UTF8&ref=pe\\_584750\\_33951330](https://smile.amazon.com/gp/chpf/about/ref=smi_aas_redirect?ie=UTF8&ref=pe_584750_33951330)

Purchases made through the Amazon Shopping App on an Android or iOS device are eligible for donations, if the app is set up for AmazonSmile shopping. To set up the device, open the menu and tap on "Settings," then "AmazonSmile," and follow the prompts. The AmazonSmile logo will appear at the top of the screen when complete.

Purchases made from any Kindle E-reader device through the Kindle Store are not eligible for donations.



# SALMON OR TUNA BURGERS

## Ingredients

- 1 ½ pounds boneless salmon or tuna, or a 15 oz can of salmon or tuna
- 2 cups bread crumbs
- 1 large egg
- 2 shredded beets
- 1 diced celery stalk
- 2 tablespoons chopped fresh dill
- 1 tablespoon olive oil

Place all ingredients except the oil in a bowl and combine well. Cover and refrigerate until firm (at least one hour or overnight). Shape the mixture into four to six patties.

Heat a skillet over high heat. When it is hot, add the oil. Add the burgers and cook until brown, 3 to 5 minutes on each side. Set aside and cool to room temperature.



While many of the recipes we publish here are tasty for malamutes and humans alike, this one deserves special note. The combination seemed odd at first, but I had four pounds of tuna and it was worth a try. I tripled the recipe. The beets gave the mixture a beefy color and texture and the burgers cooked quickly, filling the house with a wonderful aroma. As the meal cooked, my two furry companions inched closer to the stove. Unable to restrain myself, I tried a pinch off one burger...Unusually delicious.

A howl went up, the kind that demands equal time and equal treatment. They loved their first sample and asked for more. I will use it as an option for pescatarian dinner guests.



## AMAL PROFIT & LOSS SUMMARY

October 1 – December 31, 2020

### INCOME

Donations in	
General	\$6281.43
Membership	\$2600.00
<b>TOTAL INCOME</b>	<b>\$8881.43</b>

### EXPENSES

Newsletter	\$258.12
Vet expenses	\$690.56
Miscellaneous	\$49.16
<b>TOTAL EXPENSES</b>	<b>\$997.84</b>
<b>Quarterly Net Income</b>	<b>\$7883.59</b>

Checkbook balance  
December 31, 2020) \$102629.16



**DOUBLE YOUR DONATION!**

Most Employee Donation Matching programs will match your donation to AMAL! Ask your Human Resources Department about your company's procedure. Questions? Please feel free to direct them to [treasurer@malamuterescue.org](mailto:treasurer@malamuterescue.org).



# AMAL Remembrances



- In Memory of Vinny and Denali, by Debora Castro
- In honor of Rocki – Snobuc’s Rocki Mountain Original RN, owned and loved by Maria and Rolfe Dinwoodie and Kerry Congilosi (see attached photo).
- In Memory of Catherine White, by Margaret Gearhart
- In Memory of Catherine White, by Maureen E. Kania
- In Memory of Catherine White, by her family: Helen Catherine White, Mr. and Mrs. Robert and Carolyn White
- In Memory of J. Scott Leach, a huge supporter of AMAL, a member of AMCA, a co-founding member of MWAM, (Motown Working Alaskan Malamutes), by Beth Pollack (see attached photo)
- In Memory of Chugach (Storm Kloud’s Perseid Meteor CGC) and Denali (Poker Flat’s Andromeda Galaxy) – Every Malamute needs a home like they had, with snow in the backyard, tennis balls that squeak, a sheepskin rug in the living room, and a Rough Collie friend at the back fence, by Stephen H. Peters
- *Through AMAL’s 20<sup>th</sup> Anniversary merchandise donations:* -Because Malamutes!, - Andrea Allen; Malamutes!, - Brian Brunner; Previous WA rescue – Cheryl Shelton; In Memory of our Avalanche, her spirit lives on in our puppy Denali!, Because what you do matters to the dogs you help (in many ways) and find homes for – Debora Castro; Because I love Malamutes and this is my third one. They are the best furry kids ever (all dogs rock) but these guys are so sweet. – Donna J. Negin; I have a great Malamute named Asher thanks to my good friend, Sylvia – Gary Vogelsberger; I rescue older Malamutes and have two. I love Malamutes and highly value the work that AMAL does. Thank you! – Jack Saltes; Who can say know to such loving, sweet dogs! Everyone deserves a home. – Jacqueline Dunn Dunn; I have been with my rescue GTS Husky and Malamute Rescue for 9 years now. Working with AMAL was an amazing experience that I will never forget, Thank you for your ongoing mission. – Julie Ryan; In loving memory of Summit... - Michael Paul; In Memory of Bandit – Pamela Evans; I love my Mals! – Rickie Anderson; I love Mals. – Roberta Hahn; Thanks to AMAL we adopted Nikkita! – Tessa Sarrazin.





## Bone Appétit!

*Jeannette Wick*

“What’s for dinner?” That’s a question that used to be a human concern at my house, but now it’s everyone’s concern. I have always fed my malamutes a mix of wet and dry commercial food with some home-feeding and raw, but increasingly, my dogs dislike good kibble. Read that carefully—they dislike “good” kibble. Like the kid who prefers Payday candy bars to a handful of nuts, Leo and Miley would be perfectly happy to eat ‘Ole Roy (and no, I would not dream of it) rather than high end kibble. Miley spits it on the floor. Leo will eat it sometimes, but otherwise leaves it in the bowl. Leo is also refusing frozen chicken drumsticks—perhaps his aging teeth no longer chew as well. For the last few months, I’ve been making dog food.

One of the issues with finding recipes for dogs is that often, they are vague and omit vital information. For example, some sources say to design recipes that are 75% meat and 25% vegetables. Others recommend a 30% meat, 35% grain, and 35% vegetable ratio. Yet others say to feed 50% meat and keep grains to less than 1/6 of the total. This may be the pharmacist in me, but it would be helpful if they specified whether the ratios are calorie- or volume-based. Should 75% of the calories be meat or three of every four cups of the final product be meat? Those are entirely different things. I’ve dissected veterinarian-approved recipes and calculated backward to determine that generally, 50% to 75% of calories should be protein, and vegetables and grains can be the other 25% to 50% of calories.

Probably the most important thing I’ve learned is that feeding a variety of foods ensures the dogs eat all the nutrients they need. Other than dogs’ forbidden foods, I’ve found that dogs like and can eat all kinds of foods.

How much to feed is always an issue. If I fed my dogs the amount recommended on the commercial dog food labels, they would be enormous. Malamutes are thrifty, efficient metabolizers yet they need a fair amount of fat in their diets—calories from fat should be about 15%. A rule that seems to be about right is to feed about 3% of the dog’s target weight every day. That mean my dogs need about 2.5 pounds of food. I suspect our February cover dog would need more than double that!

Every cup of your final product needs 900 mg of calcium. Most

references just say calcium, but calcium comes in many formulations. The 900 mg refers to 900 mg of calcium carbonate (not citrate). You can also dry and grind egg shells and use ½ teaspoon per pound of food. Raw meaty bones also provide calcium. Another excellent source of calcium is canned fish that has soft steamed bones. You’d think these dogs had landed on Mars successfully from all the noise when they hear a can of sardines or mackerel being opened! Almost any vegetable works, although most sources recommend cooking them and mashing or chopping. Some canine cookbooks include corn in recipes. My experience is that malamute + corn = lots of cleaning the rug (if you know what I mean—corn’s a laxative). I never use corn. Low sodium canned beans and lentils, however, have become our friends. Leo simply loves zucchini and both pups love sweet potato. Spinach is a frequent flyer here.

Adding fish oil (1000 mg for every 20 pounds of body weight) and some vitamin B complex is also important. Fortified nutritional yeast—the yeast that’s used to bake bread and brew beer—adds plenty of B<sub>12</sub>, and contains thiamine, riboflavin, niacin, vitamin B<sub>6</sub>. It also contains trace minerals. (Another way to add vitamins and minerals is to add seaweed and its derivatives.)

Almost any meat or boneless fish is fine, but don’t over-feed liver. It has a tremendous amount of vitamin A and can be toxic. When it comes to poultry, the dark meat is far more nutritious than the white. The same holds true for humans; although Americans love their chicken breast, the dark meat has more nutrients.

Grains generate controversy in dog-loving communities. They can be difficult for dogs to digest. We tend to keep grain content low. Quinoa is a real powerhouse because it’s rich in protein and Leo loves it. Miley is a fan of basmati rice, either white or brown.

Finally, the fresher the better is the rule with dogs as it is with humans. Large batches of dog food will keep in the refrigerator for three to five days. I’m now freezing portions so I can pull it in the morning to use it in the evening.



## Cover Dog: Rio

My name is Rio. I am a proud ambassador for Moonsong Malamute Rescue. Thank Dog for the kind gals there because they took me in after a military family that was being transferred to Arizona surrendered me. I'm sure glad the family realized I would be much happier in Idaho.

My Dad adopted me when I was two years old and weighed 130 pounds. Then I kept growing and I'm at 163 pounds now and just had my 6th birthday.

Yes, I'm a big boy but I'm also handsome and have a charming personality. I've been told by humans that I am mystical and that I am their spirit animal.

There are a lot of things that are very special about me, so Dad and I are in the process of becoming a therapy dog team. I'm excited to give some big time lovin' to sick kids in the hospital.

Thank you for taking the time to read about me.

Wuv, Rio.



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